



JNCET'S

GRY INSTITUTE OF PHARMACY

(Approved by AICTE & PCI; Affiliated to RGPV; Recognized by Govt. of M.P.)

Vidya Vihar, Borawan (Khargone) MP – 451 228

☎ (08285) 277847

Visit us at: www.gryip.com; principalgry@gmail.com

Annual Gender Sensitization Action Plan

GRY IP, Borawan, has been conducting Gender Equity and Sensitization Programs over the past 5 years and plans to continue doing various gender sensitization programmes in the next years.

- Women's safety and security
- Women's rights
- Self-defense workshops
- Gender equity and sensitization seminars
- Leadership skills, and health and nutrition education for rural women

are among the themes covered.

- When students have the opportunity to plan and arrange Teacher's Day, Fresher's Day, and Farewell Day, they demonstrate their organisational and leadership skills.
- Staff and students attend workshops, seminars, and conferences at the state, national, and worldwide levels, where they submit scientific papers.
- Students have numerous opportunities to participate in co-curricular and extracurricular activities both on and off campus.
- Industrial visits and tours are part of the institution's annual schedule.
- Students are introduced to professional pharmacist and clinical pharmacist duties through health awareness programmes and health camps for the general public and rural womens.
- Yoga and Karate classes help them to improve their physical and mental strength.
- Awareness Programs and contests on social evils and women's concerns (elocution, essay writing, debate, painting, rangoli, and face painting) empower, equip, and allow them to make life-altering decisions because the topics for competitions expose them to a variety of issues in society.


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Annual Gender Sensitization Action Plan

2022-2023

S. No	Year	Title of the Program	Date	Name of the Resource person
1.	2022	Awareness on Menstrual hygiene	07/01/2022	Ms. Mohini patidar and Ms.Nidhi verma
2.	2022	International Women's Day	08/03/2022	Ms. Sonam kukloria and Ms.Nidhi verma
3.	2022	Gender Equity and Sensitization Programs	10/06/2022	Ms.Nidhi verma
4.	2022	International Day of Yoga	21/06/2022	Gayatri pariwar khargone
5.	2022	Self-defense program	16/12/2022-30/12/2022	Mr. Sapan Sharma and Mr. Ashvin
6.	2022	Health checkup programme	24/09/2022	Dr. Deepika Panwar, Gynecologist, Civil hospital , Barwah
7.	2023	Awareness programme on ovarian cancer	21/01/2023	Ms.Nidhi verma
8.	2023	International Women's Day	07/03/2023	Ms.Nidhi verma and Ms. Mohini patidar
9.	2023	International Day of Yoga	21/06/2023	Gayatri pariwar khargone
10.	2023	Motivational Talk	21/08/2023	Dr.Nishant Dubey
11.	2023	Gender Equity and Sensitization Programs	22/08/2023	Ms.Nidhi verma


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REPORT

Name of the Programme: Awareness on Menstrual hygiene

Duration of programme: 01 day

Date: 07/01/2022

Ms. Nidhi verma and Ms.Mohini Patidar, Asst. Professor, GRYIP, led an awareness programme on menstrual hygiene. Both of them along with 45 students educated about the Menstrual hygiene and their advantages to the near by villages womens, Ms. Nidhi verma addressed the session with the young students of GRY IP and she brief about the importance of maintaining good hygiene during the menstrual period.





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REPORT

Name of the Program : Gender Equity and Sensitization Programs

Duration of programme: 01 day

Date:10/06/2022

Venue: GRY IP , Borawan.

Ms.Nidhi verma Asst. Professor, GRYIP, led an awareness program on Gender Equity and Sensitization. She addressed the session with the young students, Equality is the soul of liberty, there is in fact no liberty without it and to gain this we have to attack cultural norms at the roots, the real impact every single person has in their hands is teaching children and all people around us on why gender equality is really important and we at the institute takes utmost care for safety and security of women in the campus by the provision of different facilities and awareness steps amongst the students. She also aware the student by showing video and short movies on Gender Equity and Sensitization.



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REPORT

Name of The Program: International Day of Yoga

Resource Persons: from Gayatri pariwar, khargone

Date: 21/06/2022

Venue: GRYIP, Borawan

On the 21st of June 2022, GRY Institute of Pharmacy, Borawan, celebrated an international yoga day. students and staff members took part in the different yoga activity. **Resource Persons from Gayatri pariwar, Khargone**, talked to the student about how important yoga and Pranayam are in our lives. Principal Dr. Sujit Pillai gave a vote of gratitude at the end of the program.



Sujit Pillai
Principal,
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REPORT

Name of the Programme: Health checkup programme

Duration of programme: 01 day

Resource Person: Dr. Deepika Panwar, Gynecologist, Civil hospital , Barwah

Date:24/09/2022

GRY, IP, Borawan , organized health checkup programme for girls students. Dr. Deepika Panwar, Gynecologist, Civil hospital , Barwah has done the treatment and 50 girls students were taken the advantage of Health checkup programme.




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REPORT

Name of the Programme: Self Defense Program

Duration of programme: 15 days

Resource Person: Mr.Sapan Sharma And Ashvin Adtiya, Karate Instructor, Tang Soo do Sports Association , Khargone.

From the 16 December 2022 to the 30 December 2022, students participated in a Karate programme that taught them self-defense techniques. Mr. Sapan Sharma, the trainer, and Ashvin Adtiya, the karate instructor, led all of the trainees through self-defense skills. The students were all really enthusiastic about the programme. The program's major goal was to make the girls aware of their own latent power to defend themselves against any attack. Self-defense tactics are essential for keeping them safe from such attacks. The trainer presented a variety of self-defense skills. It was also attended by few students. Everyone was taken aback by the trainer's dexterity. Such activities should be held on a regular basis on campus, as they were found to be valuable by students who shared their opinions during the feedback session.



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REPORT

Name of the Programme: Awareness programme on ovarian cancer

Duration of programme: 01 day

Date: 21/01/2023

Ms. Nidhi verma Asst. Professor, GRYIP, led an awareness programme on ovarian cancer. She addressed the session with the young students, on how to recognise ovarian cancer in its early stages and encouraged them to raise awareness among their family members. and she also brief the students about protective measurement and drug therapy for the treatment of ovarian cancer



Nidhi Verma
Principal,

GRY Institute of Pharmacy,
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REPORT

Name of The Program: International Women's Day

Date: 08-03-2023

Venue: GRY IP, Borawan

International Women's Day in 2023 was celebrated at GRY IP, Borawan. Ms. Nidhi verma, Assistant professor, GRY IP, Borawan and Ms.Sonam Kukloria, Assistant professor, GRY IP, Borawan were organizes various activities on woman empowerment including poster presentation, Quiz, singing, drama competitions, were conducted and guests gave prizes to the winners. Students of GRY IP, Borawan actively participated in the competitions and won prizes.



Sonu
Principal,
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REPORT

Name of The Program: International Day of Yoga

Resource Persons: from Gayatri pariwar, khargone

Date: 21/06/2023

Venue: GRYIP, Borawan

On the 21st of June 2023, GRY Institute of Pharmacy, Borawan, celebrated an international yoga day. students and staff members took part in the different yoga activity. **Resource Persons from Gayatri pariwar, Khargone**, talked to the student about how important yoga and Pranayam are in our lives. Vice Principal Dr. Nikhlesh Birla gave a vote of gratitude at the end of the program.



Dr. Nikhlesh Birla
Principal,
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REPORT

Programme name : Motivational Talk

Resource Person : Dr. Nishant Dubey

Date: 21/08/2023

Venue: GRYIP, Borawan

Dr. Nishant Dubey, Principal, MBA, JIT, Borawan gave a motivational presentation to B. Pharmacy students at 1 p.m. in the college Seminar Hall. The speaker concentrated on how to use the subconscious mind to attain success. He inspired the students in such a way that they are obligated to society in a variety of ways. They are raised by a family at home, educated at a school, and have access to a variety of amenities that enable them to have a happy existence while also excelling in their studies and careers. They owe a lot to society, and they can help it run better in a variety of ways. He instructed the students to raise health and sanitation awareness so that others not only keep their homes and surroundings clean, but also India. Illnesses and health-related issues would decrease as the environment became cleaner. He warned and educated students about their responsibilities regarding social issues, improper social practises, corruption, and a few other areas where youth can contribute by sharing their new age perspectives. This would aid in the eradication of societal evils and the advancement of India. Students thought that the talk had benefited them greatly following the session.





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Duration of programme: 01 day

Date:22/08/2023

Venue: GRY IP , Borawan.

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